

[PE] [4C] Programme of Study 2018-2019

Term	Wk	W/C	Theme	Topic	Assessment Objectives	Notes
Autumn 1	1	3/9/18	Theme 1 <u>Ambition</u> (decision making/ leadership skills)	Introduction		Monday: Training Day Tuesday: New students in Wednesday: All students in
	2	10/9/18				
	3	17/9/18				
	4	24/9/18				
	5	1/10/18	Theme 2 <u>Rule of Law</u> (responsibility)	Dodge-Ball Cone Strike Cricket	Team work Participation Learning how to win Learning how to lose Play fair proper warm-up improve fitness	
	6	8/10/18				
	7	15/10/18				Friday: Training Day
	8	22/10/18				
Half Term						
Autumn 2	9	5/11/18	Theme 3 <u>Optimism</u> (learning from mistakes)	Archery Hockey Dodge-Ball Cone-Strike Indoor Cricket	Development of competence in physical skills explore, experiment, and be creative	
	10	12/11/18				Friday: Data Point Deadline
	11	19/11/18				
	12	26/11/18				
	13	3/12/18	Theme 4 <u>Tolerance</u> (political and cultural awareness)			
	14	10/12/18				
	15	17/12/18				Friday: Christmas Holidays
Christmas						

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Spring 1	16	7/1/19	Theme 5 Devotion (work ethic)	Archery Basketball Volleyball Dodge-Ball Hockey	Improve confidence in group activity	
	17	14/1/19			Demonstrate and use regularly effective strategies	
	18	21/1/19				
	19	28/1/19				
	20	4/2/19	Theme 6 Versatility (flexibility and adaptability)		Improve focus and concentration levels	
	21	11/2/19				
Half Term						
Spring 2	22	25/2/19	Theme 7 Compassion (communication skills)	Volleyball Circuits Indoor Cricket Dodge-Ball Indoor orienteering	improvement and social competition	
	23	4/3/19				
	24	11/3/19				
	25	18/3/19				
	26	25/3/19				
	27	1/4/19	Theme 8 Innovation (problem solving/ critical thinking skills)			

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Summer 1	28	22/4/19	Theme 9 Democracy (listening and teamwork skills)	Cricket Badminton Circuits Dodge-Ball Football		
	29	29/4/19				
	30	6/5/19				
	31	13/5/19				
	32	20/5/19				
Summer 2	33	3/6/19	Theme 10 Respect (networking and interpersonal skills)	Boccia Outdoor circuits Bikes		
	34	10/6/19				Wednesday: Data Point Deadline
	35	17/6/19				
	36	24/6/19				
	37	1/7/19	Theme 11 Individual Liberty (independence)			Thursday: Transition Day 1
	38	8/7/19				Thursday: Transition Day 2
	39	15/7/19				Activity Week
	40	22/7/19				Wednesday, Thursday, Friday: Holiday Club
			Theme 12 Happiness (stress and conflict management)	Summer		



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